

est

## Breakfast Menu

### Zest Full Irish Breakfast

Grilled Bacon, Sausages, Fried Egg, Black & White Pudding, Grilled Tomato served with Toast, Tomato Relish, Tea or Coffee €8.95

### Mini Irish Breakfast

1 Bacon, 1 Sausage, 1 Fried Egg, Grilled Tomato served with Toast & Tomato Relish €5.95

### Light Bites

Homemade Scone with Butter & Jam €1.95

Homemade Scone with Jam & Cream €2.25

### Omelettes

Served with Toast and Tomato Relish

**Classic** - Tomato, Cheese, Onion & Mushroom €7.95

**Spanish** - Chorizo, Tomato & Cheese €7.95

**Combo** - Ham, Mushroom, Cheese, Tomato & Onion €7.95

### Eggs Benedict

Two Poached Eggs on a Toasted English Muffin with Hollandaise Sauce, Rocket and Grilled Tomatoes served with Grilled Bacon or Smoked Salmon €8.95

### Scrambled Egg

Scrambled Egg with Toast €3.95

Scrambled Egg with Grilled Bacon & Toast €5.95

Scrambled Egg with Sausage, Grilled Bacon & Toast €7.95

Scrambled Egg with Smoked Salmon & Toast €7.95

### Toasted Bagels

Bagel with Cream Cheese €2.95

Bagel with Cream Cheese & Grilled Bacon €4.95

Bagel with Grilled Bacon, Sausage & Cream Cheese €5.95

Bagel with Smoked Salmon & Cream Cheese €6.95

Toasted Bagel with Peanut Butter & Sliced Banana €4.95

### **Beverages**

Freshly Squeezed Orange Juice

Reg €2.95 Lge €3.95

Tea €1.95

Herbal Tea €2.40

Coffee Reg €2.00 Lge €2.60

Espresso Reg €1.95 Lge €2.30

Cappuccino Reg €2.30 Lge €2.70

Latte Reg €2.30 Lge €2.70

### **Zest Smoothies**

Reg €3.95 Lge €4.95

#### **BREAKFAST SMOOTHIE**

Banana, freshly squeezed Orange Juice,  
Museli & Probiotic Yoghurt

#### **ZEST OF LIFE**

Strawberries, Raspberries, Blueberries,  
Orange Juice & Probiotic Yoghurt

#### **MANGO JAMBO**

Banana, Mango, Orange Juice  
& Probiotic Yoghurt

#### **PINK PASSION**

Strawberries, Banana, Orange Juice  
& Probiotic Yoghurt

#### **CARIBBEAN DREAM**

Pineapple, Mango, Banana & Orange Juice  
& Probiotic Yoghurt

#### **BERRISIMO**

Strawberry, Mango, Orange Juice  
& Probiotic Yoghurt

### **Zest Juices**

Zest 100% fresh fruit juices

Reg €3.95 Lge €4.95

#### **POWER PACKED C**

Orange Juice & crushed Strawberries

#### **ENERGY LIFT**

Orange & crushed Pineapple

#### **BERRY BLAST**

Raspberries, Strawberries, Blueberries  
Cranberries & Orange Juice

#### **Mango Madness**

Orange Juice with crushed Mango

### **Choc & Lattes €2.75**

Hot Chocolate with

Marshmallows

Mint Choc Hot Chocolate

Mocha

Chai Latte Vanilla

Chai Latte Spiced

Hazelnut, Vanilla Caramel,

Mint or Cinnamon Latte

### **Frapuccinos €4.50**

Mint Choc, Java Chip

Cookies 'n' Cream

Mocha

### **Cold Drinks €2.00**

Coke, Diet Coke, Sprite,

Fanta, Sparkling & Still

Mineral Water