

Spring MENU 2018

7225 5658

TAKE AWAY AVAILABLE

We are a zero waste business

Consumer packaging is

100% compostable

LIGHT SNACKS

- fruit toast** \$6
apricot and fig whole wheat bread toasted and served with jam and cashew butter.
- hemp and carrot bread w the lot** \$5
freshly house baked served toasted with cashew butter and maple syrup.

BREAKFAST 8:30am -10:30am

- hot waffles** \$15
served with Gelista ice cream, warmed berries, fresh strawberries and maple syrup.
- smoothie bowl (g/f)** \$13
berry ripe smoothie served in a bowl with fresh seasonal fruit, shack muesli, and shredded coconut.
- kids waffles** \$10
½ serve waffle with Gelista scoop of ice cream, fresh strawberries and maple syrup.
- house raw muesli (g/f)** \$6
house made shack dried fruit, seed and nut muesli served with your choice of milk: dairy, almond, coconut or soy.
+ fresh fruit OR warm mixed berries +\$4

SWEETS (many g/f options please ask)

- protein balls \$3
sticky date muffin \$3
raw snickers or mint slice \$4.50
(see display fridge for more)

LUNCH 11am – 2:30pm

daily blackboard

See blackboard chair (at entry)
for daily specials.

veggie burger (g/f +\$2) \$12
sweet potato pecan and maple patty, onion jam, fresh tomato, cucumber, mustard, tahini mayo, and greens on a whole wheat bun served with corn chips and raw beet slaw.

rice balls (g/f)
sweet potato, sunflower seeds and brown rice sesame seed encrusted balls of joy served with fresh daily salads and tahini mayo.

½ serve (1 rice ball) \$10

full serve (2 rice balls) \$14

curried lentil shepherd's pie \$12
served with daily mixed salads and onion jam.

fresh mixed daily salad (g/f)
a mix of any of the daily salads.

small \$6
medium \$8

STUNNING SMOOTHIES (g/f) \$9

bellyrama

banana, coconut, dates, frozen banana and coconut milk, ice.

chocolava

banana, coconut, dates, frozen banana, raw cacao, coconut milk, ice.

berry ripe

frozen berries, coconut, dates, banana, coconut milk.

supa green

hemp protein powder, spinach, frozen banana, coconut h20, ice.

vanilava

banana, frozen banana, coconut, dates, vanilla beans, coconut milk, ice.

mocha

campos espresso, banana, coconut, dates, frozen banana, raw cacao, coconut milk, ice.

hard core greenie

seasonal fruits, ice, cucumber, frozen banana, spinach, coconut h20.

CAMPOS SPECIALTY COFFEE

+ .50c soy, almond, coconut, lactose free milk, extra shot, mocha, dirty chai
small \$4 large \$4.90 iced \$7

ARTESANO ORGANIC

hot chocolate or chai latte

TEAS mug \$3.50 pot \$4.50

breakfast, mint, green or chai



Find us on Uber Eats

OPEN

Mon – Fri 7:30 – 3

Saturday 9 – 3

Sunday 9 - 2

Follow us on FB and Instagram

158 St Vincent St Port Adelaide

Since 2012 Red Lime Shack has served the freshest most vibrant home made food in Port Adelaide. Our menu isn't big because we like to stay focused on what we are good at: seasonal, plant based, fresh, healthy and delicious balanced meals in a community atmosphere.

We use Paris Creek Biodynamic organic milks, milk lab: almond, coconut and lactose free milk and organic Bonsoy in our coffee and smoothies.